

# EL 120: Intro to Lifetime Leisure Activities HEALTH, EXERCISE SCI & RECREATION MGMT

Selected individual and group leisure activities suitable for all age groups and ability levels.

Pass/Fail grade

1 Credit

## Instruction Type(s) • Lab: Laboratory for EL 120

#### Course Fee(s) Applied Science

- \$5.00
- \$50.00

### Subject Areas

- Health and Physical Education, General Kinesiology and Exercise Science

#### **Related Areas**

- Health and Physical Education/Fitness, Other
- Sport and Fitness Administration/Management

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