

## ES 391: Trends & Topics in Exercise Science

### HEALTH, EXERCISE SCI & RECREATION MGMT

Identification and analysis of trends and topics in exercise science.

3 Credits

#### Prerequisites

- Pre-Requisite: 24 Earned Hours

#### Instruction Type(s)

- Lecture: Lecture for ES 391
- Lecture: Web based lecture for ES 391

#### Subject Areas

- [Health and Physical Education, General](#)
- [Kinesiology and Exercise Science](#)

#### Related Areas

- [Health and Physical Education/Fitness, Other](#)
- [Sport and Fitness Administration/Management](#)

