

# EL 453: Advanced Sports Conditioning HEALTH, EXERCISE SCI & RECREATION MGMT

Pass/Fail grade 1 Credit

Prerequisites • Pre-Requisite: 24 Earned Hours

## Instruction Type(s)

Lecture/Lab: Lecture/Lab for EL 453

### Course Fee(s)

Applied Science

• \$5.00

#### Subject Areas

Health and Physical Education, General

<u>Kinesiology and Exercise Science</u>

## **Related Areas**

- Health and Physical Education/Fitness, Other
- Sport and Fitness Administration/Management

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