

EL 134: Kayaking **HEALTH, EXERCISE SCI & RECREATION MGMT**

Fundamental techniques, safety, and navigation to facilitate skills for open water touring.

Pass/Fail grade

1 Credit

Prerequisites

- Second eight weeks only, field trip and fee required

Instruction Type(s)

- Lecture/Lab: Lecture/Lab for EL 134

Subject Areas

- [Health and Physical Education, General](#)
- [Kinesiology and Exercise Science](#)

Related Areas

- [Health and Physical Education/Fitness, Other](#)
- [Sport and Fitness Administration/Management](#)

