

## EL 103: Ropes Courses and Climbing Basics HEALTH, EXERCISE SCI & RECREATION MGMT

An introduction to low-rope adventure courses, high-rope adventure courses, and basic climbing techniques such as rappelling and team climbing. Pass/Fail grade

1 Credit

Instruction Type(s)

Lecture/Lab: Lecture/Lab for EL 103

## Course Fee(s)

- Applied Science
- \$5.00

## **Subject Areas**

- Health and Physical Education, General
- Kinesiology and Exercise Science

## **Related Areas**

- Health and Physical Education/Fitness, Other
- Sport and Fitness Administration/Management

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