

## **NHM 515: Nutrition in Weight Mgmt & Eating Disord**

### **NUTRITION & HOSPITALITY MANAGEMENT**

Energy metabolism and principles of human nutrition applied to weight control. Issues concerning the development and health effects of eating disorders will be examined.

3 Credits

#### **Prerequisites**

- [NHM 311: Nutrition](#)

#### **Instruction Type(s)**

- Lecture: Lecture for NHM 515

#### **Subject Areas**

- [Foods, Nutrition, and Wellness Studies, General](#)

#### **Related Areas**

- [Dietetics/Human Nutritional Services](#)
- [Foodservice Systems Administration/Management](#)

