

## EL 174: Water Safety Instructor HEALTH, EXERCISE SCI & RECREATION MGMT

Techniques of aquatic instruction to include basic water safety, emergency water safety and progression swimming. Red Cross certification is possible. Prerequisite: Proficient swimming skills to include: front crawl, back crawl, elementary backstroke, breaststroke, sidestroke. Must pass pretest. Must be lifeguard certified or possess emergency water safety certification.

2 Credits

# Instruction Type(s)

Lecture/Lab: Lecture/Lab for EL 174

#### Course Fee(s)

- **Applied Science**
- \$5.00

### **Subject Areas**

- Health and Physical Education, General
- <u>Kinesiology and Exercise Science</u>

#### **Related Areas**

- Health and Physical Education/Fitness, Other
- Sport and Fitness Administration/Management

The University of Mississippi is accredited by the Southern Association of Colleges and Schools Commission on Colleges to award certificates and baccalaureate, master's, specialist, and doctoral degrees. Contact the Commission on Colleges at 1866 Southern Lane, Decatur, Georgia 30033-4097, call 404-679-4500, or visit online at www.sacscoc.org for questions about the accreditation.

