

# EL 173: Lifeguarding HEALTH, EXERCISE SCI & RECREATION MGMT

Techniques of lifeguarding skills, training, aquatic facility management, and emergency care. American Red Cross certification.

2 Credits

### **Prerequisites**

- HP 203: First Aid and CPR
- · Must pass pretest

### **Instruction Type(s)**

• Lecture/Lab: Lecture/Lab for El 173

## Course Fee(s) Applied Science

• \$5.00

### **Subject Areas**

- · Health and Physical Education, General
- Kinesiology and Exercise Science

#### **Related Areas**

- Health and Physical Education/Fitness, Other
- Sport and Fitness Administration/Management

