

EL 173: Lifeguarding **HEALTH, EXERCISE SCI & RECREATION MGMT**

Techniques of lifeguarding skills, training, aquatic facility management, and emergency care. American Red Cross certification.

2 Credits

Prerequisites

- [HP 203: First Aid and CPR](#)
- Must pass pretest

Instruction Type(s)

- Lecture/Lab: Lecture/Lab for El 173

Course Fee(s)

Applied Science

- \$5.00

Subject Areas

- [Health and Physical Education, General](#)
- [Kinesiology and Exercise Science](#)

Related Areas

- [Health and Physical Education/Fitness, Other](#)
- [Sport and Fitness Administration/Management](#)

