

# EL 129: Body Contouring and Conditioning HEALTH, EXERCISE SCI & RECREATION MGMT

Pass/Fail grade

1 Credit

### Instruction Type(s) • Lecture/Lab: Lecture/Lab for EL 129

## Course Fee(s) Applied Science 2

• \$25.00

#### Subject Areas

- Health and Physical Education, General Kinesiology and Exercise Science

#### **Related Areas**

- · Health and Physical Education/Fitness, Other
- Sport and Fitness Administration/Management