

# EL 103: Ropes Courses and Climbing Basics HEALTH, EXERCISE SCI & RECREATION MGMT

An introduction to low-rope adventure courses, high-rope adventure courses, and basic climbing techniques such as rappelling and team climbing. Pass/Fail grade

1 Credit

### Instruction Type(s)

• Lecture/Lab: Lecture/Lab for EL 103

## Course Fee(s) Applied Science

• \$5.00

### **Subject Areas**

- Health and Physical Education, General
- Kinesiology and Exercise Science

#### **Related Areas**

- · Health and Physical Education/Fitness, Other
- Sport and Fitness Administration/Management

