

## Health and Physical Education, General

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- [EL 105: Self Defense Activities](#)
- [EL 111: Cycling](#)
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- [EL 118: Beginning Fencing](#)
- [EL 119: Archery](#)
- [EL 120: Intro to Lifetime Leisure Activities](#)
- [EL 124: Racquetball](#)
- [EL 129: Body Contouring and Conditioning](#)
- [EL 132: Canoeing](#)
- [EL 133: Backpacking](#)
- [EL 134: Kayaking](#)
- [EL 137: Bowling](#)
- [EL 139: Golf](#)
- [EL 142: Open Water Scuba Diving](#)
- [EL 147: Tennis](#)
- [EL 151: Weight Lifting](#)
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- [EL 154: Coaching Soccer](#)
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- [EL 170: Beginning Swimming](#)
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- [EL 172: Advanced Swimming](#)
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- [EL 354: Coaching Basketball](#)
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- [EL 357: Coaching Volleyball](#)
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- [EL 442: Dive Supervisor](#)
- [EL 453: Advanced Sports Conditioning](#)
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- [ES 104: Sports in the Ancient World](#)
- [ES 319: Sport and Society](#)
- [ES 338: Motor Learning and Control](#)
- [ES 346: Kinesiology](#)
- [ES 347: Kinesiology Lab](#)
- [ES 348: Physiology of Exercise](#)
- [ES 349: Physiology of Exercise Laboratory](#)
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- [ES 351: Measurement & Statistics in Exercise Sci](#)
- [ES 391: Trends & Topics in Exercise Science](#)
- [ES 394: Therapeutic Exercise and Fitness](#)



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- [ES 456: Exercise Testing & Prescription](#)
- [ES 457: Exercise Testing & Prescription Lab](#)
- [ES 471: Mgmt. of Health, Fitness and Sport Progr](#)
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- [ES 515: Stress and the Brain](#)
- [ES 542: Sports Psychology](#)
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