

# NHM 515: Nutrition in Weight Mgmt & Eating Disord NUTRITION & HOSPITALITY MANAGEMENT

Energy metabolism and principles of human nutrition applied to weight control. Issues concerning the development and health effects of eating disorders will be examined.

3 Credits

#### **Prerequisites**

• NHM 311: Nutrition

## Instruction Type(s)

• Lecture: Lecture for NHM 515

#### **Subject Areas**

• Foods, Nutrition, and Wellness Studies, General

## **Related Areas**

- Dietetics/Human Nutritional Services
- Foodservice Systems Administration/Management

