

## EL 251: Advanced Weight Lifting HEALTH, EXERCISE SCI & RECREATION MGMT

Pass/Fail grade 1 Credit

## Instruction Type(s)

• Lecture/Lab: Lecture/Lab for EL 251

# Course Fee(s)

Applied Science

• \$5.00

### **Subject Areas**

- Health and Physical Education, General
- <u>Kinesiology and Exercise Science</u>

#### **Related Areas**

- Health and Physical Education/Fitness, Other
- Sport and Fitness Administration/Management
- <u>Sports Studies</u>

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