

EL 159: High Impact Aerobics HEALTH, EXERCISE SCI & RECREATION MGMT

Pass/Fail grade

1 Credit

Instruction Type(s)

• Lecture/Lab: Lecture/Lab for EL 159

Course Fee(s) Applied Science

• \$5.00

Subject Areas

- Health and Physical Education, General
- Kinesiology and Exercise Science

Related Areas

- Health and Physical Education/Fitness, Other
- Sport and Fitness Administration/Management
- Sports Studies

