

## **EL 120: Intro to Lifetime Leisure Activities** **HEALTH, EXERCISE SCI & RECREATION MGMT**

Selected individual and group leisure activities suitable for all age groups and ability levels.

Pass/Fail grade

1 Credit

### **Instruction Type(s)**

- Lab: Laboratory for EL 120

### **Course Fee(s)**

**Applied Science**

- \$5.00

### **Subject Areas**

- [Health and Physical Education, General](#)
- [Kinesiology and Exercise Science](#)

### **Related Areas**

- [Health and Physical Education/Fitness, Other](#)
- [Sport and Fitness Administration/Management](#)

