

## **EL 103: Ropes Courses and Climbing Basics**

### **HEALTH, EXERCISE SCI & RECREATION MGMT**

An introduction to low-rope adventure courses, high-rope adventure courses, and basic climbing techniques such as rappelling and team climbing.

Pass/Fail grade

1 Credit

### **Instruction Type(s)**

- Lecture/Lab: Lecture/Lab for EL 103

### **Course Fee(s)**

#### **Applied Science**

- \$5.00

### **Subject Areas**

- [Health and Physical Education, General](#)
- [Kinesiology and Exercise Science](#)

### **Related Areas**

- [Health and Physical Education/Fitness, Other](#)
- [Sport and Fitness Administration/Management](#)

