

NHM 515: Nutrition in Weight Mgmt & Eating Disord NUTRITION & HOSPITALITY MANAGEMENT

Energy metabolism and principles of human nutrition applied to weight control. Issues concerning the development and health effects of eating disorders will be examined.

3 Credits

Prerequisites

• NHM 311: Nutrition

Instruction Type(s)

• Lecture: Lecture for NHM 515

Subject Areas

• Foods, Nutrition, and Wellness Studies, General

Related Areas

- <u>Dietetics/Human Nutritional Services</u>
- Foodservice Systems Administration/Management

