

# ES 618: Advanced Muscle Physiology HEALTH, EXERCISE SCI & RECREATION MGMT

An in-depth study into human skeletal muscle structure and function with reference to exercise-induced plasticity, peak performance, age-related sarcopenia, and clinical pathologies.

3 Credits

#### **Prerequisites**

- ES 348: Physiology of Exercise
- ES 611: Exercise Physiology I

## **Instruction Type(s)**

• Lecture: Lecture for ES 618

## **Subject Areas**

• Health and Physical Education, General

#### **Related Areas**

- Health and Physical Education/Fitness, Other
- Kinesiology and Exercise Science
- Sport and Fitness Administration/Management
- Sports Studies

