

## **ES 609: Motor Behavior** **HEALTH, EXERCISE SCI & RECREATION MGMT**

A theoretical and practical focus upon the improvement of human motor performance and development of perceptual-motor skills.

3 Credits

### **Instruction Type(s)**

- Lecture: Lecture for ES 609

### **Subject Areas**

- [Health and Physical Education, General](#)
- [Kinesiology and Exercise Science](#)

### **Related Areas**

- [Health and Physical Education/Fitness, Other](#)
- [Sport and Fitness Administration/Management](#)

