

## **ES 512: Foundations of Biomechanics**

### **HEALTH, EXERCISE SCI & RECREATION MGMT**

Biomechanical bases of human movement, focusing on the mechanical interaction between the human body and the external environment.

3 Credits

### **Prerequisites**

- [ES 446: Biomechanics of Human Movement](#)
- [ES 447: Biomechanics Laboratory](#)

### **Instruction Type(s)**

- Lecture/Lab: Lecture/Lab for ES 512

### **Subject Areas**

- [Health and Physical Education, General](#)
- [Kinesiology and Exercise Science](#)

### **Related Areas**

- [Health and Physical Education/Fitness, Other](#)
- [Sport and Fitness Administration/Management](#)
- [Sports Studies](#)

