

## Health and Physical Education, General • EL 100: Wilderness Living Techniques

- EL 103: Ropes Courses and Climbing Basics
- EL 105: Self Defense Activities
- EL 111: Cycling
- EL 117: Volleyball
- EL 118: Beginning Fencing
- EL 119: Archery
- EL 120: Intro to Lifetime Leisure Activities
- EL 124: Racquetball
- EL 129: Body Contouring and Conditioning
- EL 132: Canoeing
- EL 133: Backpacking
- EL 134: Kayaking
- EL 137: Bowling
- EL 139: Golf
- EL 142: Open Water Scuba Diving
- EL 147: Tennis
- EL 151: Weight Lifting
- EL 153: Sports Conditioning
- EL 154: Coaching Soccer
- EL 156: Jogging
- EL 158: Low Impact Aerobics
- EL 159: High Impact Aerobics
- EL 169: Agua Exercise
- EL 170: Beginning Swimming
- EL 171: Intermediate Swimming
- EL 172: Advanced Swimming
- EL 173: Lifeguarding
- EL 174: Water Safety Instructor
- EL 237: Advanced Bowling
- EL 239: Advanced Golf
- EL 242: Advanced Open Water Scuba Diving
- EL 247: Advanced Tennis
- EL 251: Advanced Weight Lifting
- EL 253: Advanced Sports Conditioning
- EL 255: Coaching Tennis
- EL 269: Advanced Aqua Exercise
- EL 342: Master Diver
- EL 352: Coaching Football
- EL 353: Advanced Sports Conditioning
- EL 354: Coaching Basketball
- EL 355: Coaching Baseball-Softball
- EL 357: Coaching Volleyball
- EL 359: Coaching Track and Field
- EL 442: Dive Supervisor
- EL 453: Advanced Sports Conditioning
- ES 100: Introduction to Exercise Science
- ES 104: Sports in the Ancient World
- ES 319: Sport and Society
- ES 338: Motor Learning and Control
- ES 346: Kinesiology
- ES 347: Kinesiology Lab
- ES 348: Physiology of Exercise
- ES 349: Physiology of Exercise Laboratory
- ES 350: Research Methods in HESRM
- ES 351: Measurement & Statistics in Exercise Sci
- ES 391: Trends & Topics in Exercise Science
- ES 394: Therapeutic Exercise and Fitness





- ES 402: Exercise Leadership
- ES 440: Behavioral Aspects of Exercise
- ES 446: Biomechanics of Human Movement
- ES 447: Biomechanics Laboratory
- ES 456: Exercise Testing & Prescription
- ES 457: Exercise Testing & Prescription Lab
- ES 471: Mgmt. of Health, Fitness and Sport Progr
- ES 473: Practicum
- ES 490: Independent Study
- ES 493: Internship
- ES 512: Foundations of Biomechanics
- ES 515: Stress and the Brain
- ES 542: Sports Psychology
- ES 544: The American Woman in Sports
- ES 574: Selected Problems in Special Populations
- ES 603: Data Analytics Methodologies
- ES 608: Methods & Procedures of Graded Exercise
- ES 609: Motor Behavior
- ES 610: Internship in Exercise Science
- ES 611: Exercise Physiology I
- ES 612: Instrumentation & Analysis in Biomechani
- ES 613: Health Aspects of Physical Activity
- ES 614: Cardiovascular Physiology
- ES 615: Physiological Aspects of Aging
- ES 616: Exercise Physiology II
- ES 618: Advanced Muscle Physiology
- ES 620: Selected Topics in Exercise Science
- ES 625: Research Design and Evaluation
- ES 626: Statistical Analysis I
- ES 650: Seminar In Exercise Science
- ES 651: Advanced Individual Study
- ES 652: Advanced Individual Study
- ES 653: Independent Research
- ES 655: Problems in PE/Health Education
- ES 697: Thesis
- ES 750: Advanced Seminar in Exercise Science
- Edde 406: Intro Driver & Highway Safety Education
- Edde 407: Highway Safety & Driver Education
- Edde 408: Driver Simulation
- Edde 507: Safety Education
- Espr 797: Dissertation
- HP 191: Personal and Community Health
- HP 203: First Aid and CPR
- HP 303: Prevention & Care of Athletic Injuries
- HP 312: Behavioral Aspects of Weight Mgmt
- HP 403: Advanced Athletic Training
- HP 506: Current Topics
- HP 600: Foundations of Health Promotion
- HP 605: Health Promotion Planning
- HP 615: Personal Health Promotion
- HP 625: Research Design and Evaluation
- HP 627: Internship in Health Promotion
- HP 635: Theories in Health Promotion
- HP 645: Organization & Admin. of Health Promotio
- HP 646: Introduction to Epidemiology
- HP 651: Advanced Independent Study
- HP 653: Independent Research
- HP 697: Thesis

