

# ES 391: Trends & Topics in Exercise Science HEALTH, EXERCISE SCI & RECREATION MGMT

Identification and analysis of trends and topics in exercise science.

3 Credits

#### Prerequisites

• Pre-Requisite: 24 Earned Hours

## Instruction Type(s)

- Lecture: Lecture for ES 391
- Lecture: Web based lecture for ES 391

## Subject Areas

- Health and Physical Education, General
  Kinesiology and Exercise Science

### **Related Areas**

- Health and Physical Education/Fitness, Other
- <u>Socio-Psychological Sports Studies</u>
- Sport and Fitness Administration/Management

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