

EL 100: Wilderness Living Techniques

HEALTH, EXERCISE SCI & RECREATION MGMT

Basics of outdoor living skills focusing on camping, orienteering, basic survival, cooking, natural food identification and preparation, and trip planning.

Pass/Fail grade

1 Credit

Prerequisites

- First eight weeks only, field trip and fee required

Instruction Type(s)

- Lecture/Lab: Lecture/Lab for EL 100

Course Fee(s)

Applied Science

- \$5.00

Subject Areas

- [Leisure and Recreational Activities, General](#)

