

ES 611: Exercise Physiology I

HEALTH, EXERCISE SCI & RECREATION MGMT

The effects of exercise on the function of the organic systems of the body.

3 Credits

Prerequisites

- [ES 348: Physiology of Exercise](#)
- [ES 349: Physiology of Exercise Laboratory](#)

Instruction Type(s)

- Lecture: Lecture for ES 611

Subject Areas

- [Health and Physical Education, General](#)
- [Kinesiology and Exercise Science](#)

Related Areas

- [Health and Physical Education/Fitness, Other](#)
- [Socio-Psychological Sports Studies](#)
- [Sport and Fitness Administration/Management](#)

