

## ES 609: Motor Behavior HEALTH, EXERCISE SCI & RECREATION MGMT

A theoretical and practical focus upon the improvement of human motor performance and development of perceptual-motor skills.

3 Credits

## Instruction Type(s)

Lecture: Lecture for ES 609

## Subject Areas

- Health and Physical Education, General
- <u>Kinesiology and Exercise Science</u>

## **Related Areas**

- Health and Physical Education/Fitness, Other
- <u>Socio-Psychological Sports Studies</u>
- Sport and Fitness Administration/Management

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