

# ES 611: Exercise Physiology I HEALTH, EXERCISE SCI & RECREATION MGMT

The effects of exercise on the function of the organic systems of the body.

3 Credits

#### Prerequisites

- ES 348: Physiology of Exercise
- ES 349: Physiology of Exercise Laboratory

## Instruction Type(s) Lecture: Lecture for ES 611

### Subject Areas

- Health and Physical Education, General
   Kinesiology and Exercise Science

### **Related Areas**

- Health and Physical Education/Fitness, Other
- <u>Socio-Psychological Sports Studies</u>
- Sport and Fitness Administration/Management

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