

# EL 175: Lifeguarding Instructor HEALTH, EXERCISE SCI & RECREATION MGMT

Techniques and applications of practical and teaching skills for individuals qualified to become American Red Cross lifeguarding instructor. 2 Credits

#### **Prerequisites**

• Must be currently certified Red Cross Lifeguard and CPR for prof. res.

## **Instruction Type(s)**

• Lecture/Lab: Lecture/Lab for EL 175

# Course Fee(s) Applied Science

• \$5.00

### **Subject Areas**

· Leisure and Recreational Activities, General

