

## **EL 175: Lifeguarding Instructor** **HEALTH, EXERCISE SCI & RECREATION MGMT**

Techniques and applications of practical and teaching skills for individuals qualified to become American Red Cross lifeguarding instructor.

2 Credits

### **Prerequisites**

- Must be currently certified Red Cross Lifeguard and CPR for prof. res.

### **Instruction Type(s)**

- Lecture/Lab: Lecture/Lab for EL 175

### **Course Fee(s)**

#### **Applied Science**

- \$5.00

### **Subject Areas**

- [Leisure and Recreational Activities, General](#)

