

EL 173: Lifeguarding HEALTH, EXERCISE SCI & RECREATION MGMT

Techniques of lifeguarding skills, training, aquatic facility management, and emergency care. American Red Cross certification.

2 Credits

Prerequisites

- HP 203: First Aid and CPR
- · Must pass pretest

Instruction Type(s)

• Lecture/Lab: Lecture/Lab for El 173

Course Fee(s) **Applied Science**

• \$5.00

Subject Areas

• Leisure and Recreational Activities, General

