

# M.S.E.S. in Exercise Science

[Overview](#)

[Degree Requirements](#)

## Description

The M.S. in exercise science prepares students for careers in fitness and allied health and research. The degree also prepares students for advanced study at the doctoral (Ph.D.) level.

**Minimum Total Credit Hours: 32**

## Course Requirements

For the M.S. in exercise science, a minimum of 33 semester hours of graduate study is required. Requirements for the M.S. in exercise science are a minimum of 18 hours in either the exercise physiology or neuromechanics emphasis area, to include the 12 core hours, 6 hours of research design and statistics, a minimum of 3 hours of electives, and either 6 hours of thesis or 9 hours of internship.

## Specializations

- [Emphasis - Exercise Physiology](#)
- [Emphasis - Neuromechanics](#)

