

## ES 613: Health Aspects of Physical Activity HEALTH, EXERCISE SCI & RECREATION MGMT

An examination of the role of physical activity as it relates to health status with an emphasis on the use of exercise in mediating risk factors, and a critical analysis of the exercise epidemiological literature.

3 Credits

## Instruction Type(s)

• Lecture: Lecture for ES 613

## Subject Areas

- Health and Physical Education, General
- Kinesiology and Exercise Science

## **Related Areas**

- · Health and Physical Education/Fitness, Other
- Socio-Psychological Sports Studies
- Sport and Fitness Administration/Management

The University of Mississippi is accredited by the Southern Association of Colleges and Schools Commission on Colleges to award certificates and baccalaureate, master's, specialist, and doctoral degrees. Contact the Commission on Colleges at 1866 Southern Lane, Decatur, Georgia 30033-4097, call 404-679-4500, or visit online at www.sacscoc.org for questions about the accreditation.

