## ES 613: Health Aspects of Physical Activity <br> HEALTH, EXERCISE SCI \& RECREATION MGMT

An examination of the role of physical activity as it relates to health status with an emphasis on the use of exercise in mediating risk factors, and a critical analysis of the exercise epidemiological literature.
3 Credits

## Instruction Type(s)

- Lecture: Lecture for ES 613


## Subject Areas

- Health and Physical Education, General
- Kinesiology and Exercise Science


## Related Areas

- Health and Physical Education/Fitness, Other
- Socio-Psychological Sports Studies
- Sport and Fitness Administration/Management

