

# ES 512: Foundations of Biomechanics HEALTH, EXERCISE SCI & RECREATION MGMT

Biomechanical bases of human movement, focusing on the mechanical interaction between the human body and the external environment. 3 Credits

## Prerequisites

- ES 446: Biomechanics of Human Movement
- ES 447: Biomechanics Laboratory

### Instruction Type(s)

Lecture/Lab: Lecture/Lab for ES 512

#### Subject Areas

- Health and Physical Education, General
  Kinesiology and Exercise Science

#### **Related Areas**

- Health and Physical Education/Fitness, Other
- <u>Socio-Psychological Sports Studies</u>
- Sport and Fitness Administration/Management

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