

EL 174: Water Safety Instructor **HEALTH, EXERCISE SCI & RECREATION MGMT**

Techniques of aquatic instruction to include basic water safety, emergency water safety and progression swimming. Red Cross certification is possible. Prerequisite: Proficient swimming skills to include: front crawl, back crawl, elementary backstroke, breaststroke, sidestroke. Must pass pretest. Must be lifeguard certified or possess emergency water safety certification.

2 Credits

Instruction Type(s)

- Lecture/Lab: Lecture/Lab for EL 174

Course Fee(s)

Applied Science

- \$5.00

Subject Areas

- [Leisure and Recreational Activities, General](#)

