

## **NHM 101: Introduction to Food Studies**

### **NUTRITION & HOSPITALITY MANAGEMENT**

Fundamental principles of food studies. Critical examination of food from agricultural, cultural, political, economic, scientific, health, environmental, and geographic perspectives.

3 Credits

#### **Instruction Type(s)**

- Lecture: Lecture for NHM 101

#### **Subject Areas**

- [Foods, Nutrition, and Wellness Studies, General](#)

#### **Related Areas**

- [Dietetics/Human Nutritional Services](#)
- [Foodservice Systems Administration/Management](#)

