

ES 616: Exercise Physiology II HEALTH, EXERCISE SCI & RECREATION MGMT

A continuation of Exercise Physiology I to include advanced study of the physical, biochemical, and environmental factors influencing physical performance. Includes critical environmental factors influencing physical performance. Includes critical analyses of current topics and laboratory investigation and demonstration.

3 Credits

Instruction Type(s)

Lecture/Lab: Lecture/Lab for ES 616

Subject Areas

- Health and Physical Education, General
- Kinesiology and Exercise Science

Related Areas

- Health and Physical Education/Fitness, Other
- Socio-Psychological Sports Studies
- Sport and Fitness Administration/Management



