

## ES 609: Motor Behavior HEALTH, EXERCISE SCI & RECREATION MGMT

A theoretical and practical focus upon the improvement of human motor performance and development of perceptual-motor skills. 3 Credits

## Instruction Type(s)

Lecture: Lecture for ES 609

## Subject Areas

- Health and Physical Education, General
- Kinesiology and Exercise Science

## **Related Areas**

- Health and Physical Education/Fitness, Other
- Socio-Psychological Sports Studies
- Sport and Fitness Administration/Management

