

# ES 457: Exercise Testing & Prescription Lab HEALTH, EXERCISE SCI & RECREATION MGMT Laboratory to accompany ES 456. Students dropping ES 457 must also drop ES 456.

1 Credit

### Prerequisites

- Co-requisite: ES 356; Students dropping ES 357 must also drop ES 356
- Pre-Requisite: 24 Earned Hours

#### Corequisites

ES 456: Exercise Testing & Prescription

### Instruction Type(s)

Lab: Laboratory for ES 457

#### Subject Areas

- Health and Physical Education, General
- Kinesiology and Exercise Science

## **Related Areas**

- Health and Physical Education/Fitness, Other
- Socio-Psychological Sports Studies
- Sport and Fitness Administration/Management

