

EL 453: Advanced Sports Conditioning

[HEALTH, EXERCISE SCI & RECREATION MGMT](#)

Pass/Fail grade

1 Credit

Prerequisites

- Pre-Requisite: 24 Earned Hours

Instruction Type(s)

- Lecture/Lab: Lecture/Lab for EL 453

Course Fee(s)

Applied Science

- \$5.00

Subject Areas

- [Leisure and Recreational Activities, General](#)

