

## **EL 253: Advanced Sports Conditioning**

**[HEALTH, EXERCISE SCI & RECREATION MGMT](#)**

Pass/Fail grade

1 Credit

### **Instruction Type(s)**

- Lecture/Lab: Lecture/Lab for EL 253

### **Course Fee(s)**

**Applied Science**

- \$5.00

### **Subject Areas**

- [Leisure and Recreational Activities, General](#)

