

NHM 101: Introduction to Food Studies **FAMILY & CONSUMER SCIENCES**

Fundamental principles of food studies. Critical examination of food from agricultural, cultural, political, economic, scientific, health, environmental, and geographic perspectives.

3 Credits

Instruction Type(s)

- Lecture: Lecture for NHM 101

Subject Areas

- [Foods, Nutrition, and Wellness Studies, General](#)

Related Areas

- [Dietetics/Human Nutritional Services](#)
- [Foodservice Systems Administration/Management](#)

