

## SA 622: Phys Aspects of Sport Perform & Monitor

### HEALTH, EXERCISE SCI & RECREATION MGMT

In this course, students will be given the opportunity to develop their knowledge of the physiology of sport and the current data-driven monitoring systems that are being utilized.

3 Credits

#### Instruction Type(s)

- Lecture: Lecture for SA 622

#### Subject Areas

- [Parks, Recreation and Leisure Facilities Management](#)

