

# ES 457: Exercise Testing & Prescription Lab HEALTH, EXERCISE SCI & RECREATION MGMT Laboratory to accompany ES 456. Students dropping ES 457 must also drop ES 456.

1 Credit

#### **Prerequisites**

- Co-requisite: ES 356; Students dropping ES 357 must also drop ES 356
- Pre-Requisite: 24 Earned Hours

## Corequisites

• ES 456: Exercise Testing & Prescription

## Instruction Type(s)

• Lab: Laboratory for ES 457

### Subject Areas

- Health and Physical Education, General
- Kinesiology and Exercise Science

#### **Related Areas**

- Health and Physical Education/Fitness, Other
- Socio-Psychological Sports Studies
- Sport and Fitness Administration/Management

