

# EL 100: Wilderness Living Techniques HEALTH, EXERCISE SCI & RECREATION MGMT

Basics of outdoor living skills focusing on camping, orienteering, basic survival, cooking, natural food identification and preparation, and trip planning. Pass/Fail grade

1 Credit

#### **Prerequisites**

· First eight weeks only, field trip and fee required

# Instruction Type(s)

• Lecture/Lab: Lecture/Lab for EL 100

## Course Fee(s)

Applied Science

• \$5.00

### Subject Areas

Leisure and Recreational Activities, General

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