

## NHM 101: Introduction to Food Studies

### FAMILY & CONSUMER SCIENCES

Fundamental principles of food studies. Critical examination of food from agricultural, cultural, political, economic, scientific, health, environmental, and geographic perspectives.

3 Credits

### Instruction Type(s)

- Lecture: Lecture for NHM 101

### Subject Areas

- [Foods, Nutrition, and Wellness Studies, General](#)

### Related Areas

- [Dietetics/Human Nutritional Services](#)
- [Foodservice Systems Administration/Management](#)

