

## Health and Physical Education, General

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- [EL 105: Self Defense Activities](#)
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- [EL 120: Intro to Lifetime Leisure Activities](#)
- [EL 124: Racquetball](#)
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- [EL 137: Bowling](#)
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- [EL 147: Tennis](#)
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- [ES 348: Physiology of Exercise](#)
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- [ES 391: Trends & Topics in Exercise Science](#)
- [ES 394: Therapeutic Exercise and Fitness](#)
- [ES 402: Exercise Leadership](#)



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- [ES 457: Exercise Testing & Prescription Lab](#)
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