

## **ES 611: Exercise Physiology I**

### **HEALTH, EXERCISE SCI & RECREATION MGMT**

The effects of exercise on the function of the organic systems of the body.

3 Credits

#### **Prerequisites**

- [ES 348: Physiology of Exercise](#)
- [ES 349: Physiology of Exercise Laboratory](#)

#### **Instruction Type(s)**

- Lecture: Lecture for ES 611

#### **Subject Areas**

- [Health and Physical Education, General](#)
- [Kinesiology and Exercise Science](#)

#### **Related Areas**

- [Health and Physical Education/Fitness, Other](#)
- [Socio-Psychological Sports Studies](#)
- [Sport and Fitness Administration/Management](#)

