

# ES 611: Exercise Physiology I HEALTH, EXERCISE SCI & RECREATION MGMT

The effects of exercise on the function of the organic systems of the body.

3 Credits

### **Prerequisites**

- ES 348: Physiology of Exercise
- ES 349: Physiology of Exercise Laboratory

## Instruction Type(s) • Lecture: Lecture for ES 611

### Subject Areas

- Health and Physical Education, GeneralKinesiology and Exercise Science

#### **Related Areas**

- · Health and Physical Education/Fitness, Other
- Socio-Psychological Sports Studies
- Sport and Fitness Administration/Management

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