

## ES 611: Exercise Physiology I HEALTH, EXERCISE SCI & RECREATION MGMT

The effects of exercise on the function of the organic systems of the body.

3 Credits

## Instruction Type(s) • Lecture: Lecture for ES 611

## **Subject Areas**

- Health and Physical Education, General
- Kinesiology and Exercise Science

## **Related Areas**

- Health and Physical Education/Fitness, Other
- Socio-Psychological Sports Studies
- Sport and Fitness Administration/Management

