

ES 609: Motor Behavior **HEALTH, EXERCISE SCI & RECREATION MGMT**

A theoretical and practical focus upon the improvement of human motor performance and development of perceptual-motor skills.

3 Credits

Instruction Type(s)

- Lecture: Lecture for ES 609

Subject Areas

- [Health and Physical Education, General](#)
- [Kinesiology and Exercise Science](#)

Related Areas

- [Health and Physical Education/Fitness, Other](#)
- [Socio-Psychological Sports Studies](#)
- [Sport and Fitness Administration/Management](#)

