

ES 512: Foundations of Biomechanics

HEALTH, EXERCISE SCI & RECREATION MGMT

Biomechanical bases of human movement, focusing on the mechanical interaction between the human body and the external environment.

3 Credits

Instruction Type(s)

- Lecture/Lab: Lecture/Lab for ES 512

Subject Areas

- [Health and Physical Education, General](#)
- [Kinesiology and Exercise Science](#)

Related Areas

- [Health and Physical Education/Fitness, Other](#)
- [Socio-Psychological Sports Studies](#)
- [Sport and Fitness Administration/Management](#)

