

## **EL 175: Lifeguarding Instructor**

### **HEALTH, EXERCISE SCI & RECREATION MGMT**

Techniques and applications of practical and teaching skills for individuals qualified to become American Red Cross lifeguarding instructor.

2 Credits

#### **Prerequisites**

- Must be currently certified Red Cross Lifeguard and CPR for prof. res.

#### **Instruction Type(s)**

- Lecture/Lab: Lecture/Lab for EL 175

#### **Course Fee(s)**

##### **Applied Science**

- \$5.00

#### **Subject Areas**

- [Leisure and Recreational Activities, General](#)

