

EL 175: Lifeguarding Instructor **HEALTH, EXERCISE SCI & RECREATION MGMT**

Techniques and applications of practical and teaching skills for individuals qualified to become American Red Cross lifeguarding instructor.

2 Credits

Prerequisites

- Must be currently certified Red Cross Lifeguard and CPR for prof. res.

Instruction Type(s)

- Lecture/Lab: Lecture/Lab for EL 175

Course Fee(s)

Applied Science

- \$5.00

Subject Areas

- [Leisure and Recreational Activities, General](#)

