

# Edwp 344: Physical Literacy: Lifetime Fitness, Exe

Physical Literacy: Lifetime Fitness, Exercise, and Physical Activity. Students will identify and define what physical literacy means in regards to lifetime fitness, exercise, and physical activity. Proficiency will be obtained in a variety of activities, and best practices for the K-12 setting will be modeled. Upon completion of the course, students will be competent in physical literacy within the K-12 physical education setting.

#### 3 Credits

## Prerequisites

- Bisc 207: Human Anatomy and Physiology
- Edwp 240: Introduction to Health and Physical Educ
- Edwp 241: Movement Fundamentals/Applied Motor Lear

# Instruction Type(s)

Lecture: Lecture for Edwp 344

## **Subject Areas**

Physical Education Teaching and Coaching

### **Related Areas**

- Art Teacher Education
- <u>Chemistry Teacher Education</u>
- <u>Computer Teacher Education</u>
- English/Language Arts Teacher Education
- Family and Consumer Sciences/Home Economics Teacher Education
- Foreign Language Teacher Education
- Mathematics Teacher Education
- <u>Music Teacher Education</u>
- Physics Teacher Education
- Reading Teacher Education
- Science Teacher Education/General Science Teacher Education
- <u>Social Science Teacher Education</u>

The University of Mississippi is accredited by the Southern Association of Colleges and Schools Commission on Colleges to award certificates and baccalaureate, master's, specialist, and doctoral degrees. Contact the Commission on Colleges at 1866 Southern Lane, Decatur, Georgia 30033-4097, call 404-679-4500, or visit online at www.sacscoc.org for questions about the accreditation.

